



<b>Job Title:</b> Health Coach	<b>Duration:</b> 12 -24 months
<b>Organization:</b> Alameda County Health Coach Program <b>Location:</b> 1000 San Leandro Blvd., Suite 200, San Leandro, CA 94577	
<b>Health Coach Director:</b> Michael Pham <a href="mailto:Michael.Pham@acgov.org">Michael.Pham@acgov.org</a> (510) 618-2043	
<b>Position Type:</b> Part-Time (20 hours/week) <b>Compensation:</b> \$17 per hour	<b>Deadline to Apply:</b> 2/15/2019 <b>Projected start date:</b> March 2019
<b>To Apply:</b> <a href="https://healthpipeline.wufoo.com/forms/health-coach-alameda-county-health-coach-2019/">https://healthpipeline.wufoo.com/forms/health-coach-alameda-county-health-coach-2019/</a>	

### **Background**

The goal of the Health Coach Program is to improve the health of community members by pairing them with culturally sensitive health coaches trained in chronic disease management. Health coaching is an innovative method to improve health outcomes by motivating patients to manage their health. Health coaches assist patients in understanding their health plan, making medical appointments, and advocating for themselves. This program aims to reduce emergency room visits by improving self-care management of type 2 diabetes and hypertension, while fostering the growth of diverse health care professionals.

### **Position Overview**

The Health Coach position is based in San Leandro, CA and will work under the direction of the Director of the Alameda County Health Coach Program and in collaboration with the Health Coach Trainer. This is a wonderful opportunity for a person interested in supporting efforts aimed at improving the health outcomes of their community and looking to gain experience in residential outreach, recruitment, case management, and health-related work. The successful candidate will have an interest in and enthusiasm for addressing the health disparities of underserved communities.

### **Key Areas of Responsibilities**

1. Provide health education via motivational interviewing to patients in the emergency department.
2. Identify patients in the hospital with medical social workers and health providers who are ideal for the intervention.
3. Enroll eligible patients into the health coach program and/or research study.
4. Telephone recruitment after outreach/educational events.
5. Ensure patients are connected to a primary care provider, medical home, health insurance and medications to assist with chronic disease management.
6. Serve as a central resource for community questions and referrals for both consumers and providers, building relationships with community resources, public health, schools, churches, and other social service organizations to identify, refer and develop resources that remove consumer barriers to accessing needed health and social services.
7. Connect with individuals to inform them about services and related community resources and assist identified persons in accessing needed care that facilitates individual and family health, care coordination, continuity of care, and case management; provide coaching at onset of entry and advocacy education to client.
8. Assist eligible clients to apply for publicly sponsored health care insurance plans, providing necessary follow-up, tracking and data collection to assure continuous enrollment.
9. Attend appropriate community or networking meetings to facilitate outreach and gathering of information to increase consumer access to a medical home.

### **Consults with**

- Health Coach Director
- Health Coach Trainer

### **Minimum Qualifications**

- Must be 18 years-old or older
- High school diploma or GED

- Speaking Spanish is highly recommended (but not required)
- Excellent relationship building skills
- Excellent verbal and written communication skills
- Experience working with or coordinating various organizations
- Ability to work with a diverse group of individuals (including age, gender, race/ethnicity, etc)
- Ability to take direction and work independently on assigned projects