Turn on light
Shut door

Sit on toilet

Wipe with toilet paper

Flush toilet

Wash hands
Wash Dishes

- Scrape dishes into trash
- Put dishes in sink

- Add soap and warm water
  - Wash dishes

- Rinse dishes
  - Put clean dishes in rack

- Dry dishes
  - Put dishes in cupboard

- Finished
<table>
<thead>
<tr>
<th>Step</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>get undressed</td>
<td>turn on water</td>
</tr>
<tr>
<td>get in shower</td>
<td>wet hair, wet face</td>
</tr>
<tr>
<td>put shampoo in hand</td>
<td>shampoo hair</td>
</tr>
<tr>
<td>rinse hair</td>
<td>put cream rinse in hand</td>
</tr>
<tr>
<td>work through hair</td>
<td>rinse hair</td>
</tr>
<tr>
<td>wash face</td>
<td>rinse face</td>
</tr>
<tr>
<td>wash body</td>
<td>rinse</td>
</tr>
<tr>
<td>dry off</td>
<td>get dressed</td>
</tr>
<tr>
<td>dry face</td>
<td></td>
</tr>
<tr>
<td>dry hair</td>
<td></td>
</tr>
</tbody>
</table>
Laundry

Bring dirty clothes to laundry room

Sort colours and whites

Add laundry detergent to washing machine

Start Washer

When washer is finished, put clothes in dryer.

Add dryer sheet

Start Dryer

When clothes are dry, fold clothes

Put away clothes

Finished
Housekeeping

Clean bedroom

Wash clothes

Clean kitchen

Clean bathroom

Clean living room

Clean living room
Drying Dishes

1. Get a clean towel.

2. Place dish rack & tray on counter, make sure tray is touching edge of sink.

3. Dry both sides of each dish & place on counter.
Clean living room

Pick up

Clean off coffee table

Vacuum floor

Dust surfaces

Finished
Clean Bedroom

Make bed

Pick up

Put away clean clothes

Put dirty clothes in hamper

Vacuum floor

Dust surfaces

Finished
<table>
<thead>
<tr>
<th>Task</th>
<th>Image</th>
</tr>
</thead>
<tbody>
<tr>
<td>Clean sink</td>
<td><img src="image1" alt="Clean sink" /></td>
</tr>
<tr>
<td>Empty trash</td>
<td><img src="image2" alt="Empty trash" /></td>
</tr>
<tr>
<td>Scrub toilet</td>
<td><img src="image3" alt="Scrub toilet" /></td>
</tr>
<tr>
<td>Clean mirror</td>
<td><img src="image4" alt="Clean mirror" /></td>
</tr>
<tr>
<td>Clean bathtub</td>
<td><img src="image5" alt="Clean bathtub" /></td>
</tr>
<tr>
<td>Hang clean towels</td>
<td><img src="image6" alt="Hang clean towels" /></td>
</tr>
<tr>
<td>Sweep floor</td>
<td><img src="image7" alt="Sweep floor" /></td>
</tr>
<tr>
<td>Mop floor</td>
<td><img src="image8" alt="Mop floor" /></td>
</tr>
<tr>
<td>Finished</td>
<td><img src="image9" alt="Finished" /></td>
</tr>
</tbody>
</table>
Get toothbrush, toothpaste, and floss

Wet toothbrush

Put toothpaste on brush

Brush teeth

Brush front of teeth

Brush back of teeth

Brush tongue

Spit in sink

Floss teeth

Throw away floss
Bedtime Routine

Put on pajamas

Brush and floss teeth

Have a drink of water

Read a bedtime story

Kiss and hug goodnight

Get tucked in

Lights out

Sleep
1. Place plug in drain

2. Turn on water, cold water first then hot water.

3. Put 2 squirts of dish soap from spray bottle under the water.
4. Fill sink to line.

5. Wash all sharp things first, one by one.

6. Then wash glasses, plates, bowls, and the pots.

7. When finished pull plug & put clothes in washer.