Teams are strongly encouraged to utilize and share resources by the U.S. Food and Drug Administration (FDA) with patients during the Team Challenge. As the nation's leading federal agency charged with regulating the safety and efficacy of food, drugs, and medical devices, the FDA is a great resource for patients with questions about their medications and/or possible adverse drug interactions. Starting in 2016, reporting on your Team outcomes MUST include how you utilized FDA resources.

In addition to sharing resources, we encourage teams to connect with a local FDA Public Affairs Specialist as you plan your community outreach events. Connect directly with a Public Affairs Specialist Office by using this link or contact us for assistance. Teams can utilize the Public Affairs Specialist in several ways, including: getting their advice on FDA materials and resources to use, having them attend a Challenge event, or planning and holding a joint event. Discuss with the Public Affairs Specialist any ideas they may have and what may work best for them.

Below is a list of helpful FDA resources to consider sharing with patients during events and throughout your community. Please feel free to print any of these materials, order materials ahead of time to disseminate to patients, or recommend specific links to patients.

**U.S. Food and Drug Administration Educational Resources:**

- By Topic
  - [http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm296593.htm#topics](http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm296593.htm#topics)
Alphabetical List of Resources
http://www.fda.gov/Drugs/ResourcesForYou/Consumers/ucm297002.htm

FDA Office of Women’s Health – Health information by topic, specifically for women
http://www.fda.gov/ForConsumers/ByAudience/ForWomen/default.htm

Selected Topics:

- Facts About Generic Drugs
  http://www.fda.gov/Drugs/ResourcesForYou/ucm134010.htm

- MedWatch: The FDA Safety Information and Adverse Event Reporting Program
  http://www.fda.gov/Safety/MedWatch/

- Understanding Over-the-Counter Medicines
  https://www.fda.gov/Drugs/ResourcesForYou/Consumers/BuyingUsingMedicineSafely/UnderstandingOver-the-CounterMedicines/ucm277845.htm