



BREAKTHROUGH TRAIL 5K

SATURDAY, MARCH 23, 2019 - PETERSBURG, VIRGINIA

AT PAMPLIN HISTORICAL PARK

Starting Time and Place

9:00 a.m. Pamplin Historical Park-Hart Farm
6915 Duncan Rd., Petersburg, VA 23803
Race Day Registration: 7:00 a.m.-9:00 a.m.

Course

Race will take place on historic Civil War battlefield trails starting at the Hart Farm and finishing at the Freedom Garden. The course is a mixture of uneven gravel and dirt trails.

Entry

\$25 Adults/\$10 Youths 17 and under Early registration postmarked by **March 1, 2019** to guarantee t-shirt. Includes Park admission.

\$30 Adults/\$15 Youths 17 and under after March 1 and race day (No guarantee of t-shirt). Includes Park admission.

Mail entry payment to:

5K Breakthrough
6125 Boydton Plank Rd.
Petersburg, VA 23803

Make checks payable to:

Pamplin Historical Park

Online entry & payment at:

RunSignUp.com

No refunds, exchanges or transfers. Race held rain or shine.

Awards

Adult Groups

Ages 18-29; 30-50; 51+

Youth Groups

Ages 11 and under; 12-14; 15-17

Awards will be given to top three male and female finishers in each category.

Race Information

Race Director
(804) 861-2408
www.pamplinpark.org

Sponsors

Pamplin Historical Park Tri-Cities Road Runners

ENTRY FORM: BREAKTHROUGH TRAIL 5K

First Name (please print) _____ MI ____ Last Name _____

Street Address _____

City _____ State _____ Zip Code _____

Home Phone _____ Work Phone _____ Email _____

Age on Race Day _____ Date of Birth ____/____/____ Female Male T-Shirt: Small Medium Large XL

Runners/Walkers Agreement Waiver, Release & Acknowledgement

All runners/walkers are required to sign the waiver below. Registrations that are not signed will not be processed.

I know that running is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I assume any risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions of the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event. Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge Pamplin Historical Park, Tri-Cities Road Runners, the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives successors or assignees from any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, or in the course of my participation. The release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, video tapes, motion pictures, recordings, or another record of the event for any purpose. Minors will be accepted with a parent's signature.

Signature of Runner/Walker _____ Date _____

Signature of parent/guardian if runner/walker is under 18 _____ Date _____